

Parasite Cleanse (Non-Alcoholic)¹

(Designed for proprietary use. Not for sale.)

Feb 22, 2024

1. For 21 days take²:
 - a. Colloidal Silver 3 times during the day, not within 1 hour of eating citrus.³
 - a. Morning meal time⁴
 - i. Black Walnut capsules (see chart)
 - ii. Clove capsules, freshly ground (see chart)
 - iii. 2 L-Cysteine capsules (use “free form” the 1st ten days, if possible, and any kind after that)
 - iv. 1 Olive leaf extract
 - v. 2 Aloe Vera capsules (if available)
 - b. Noon meal time
 - i. Wormwood capsules (see chart)
 - ii. Clove capsules, freshly ground (see chart)
 - iii. 2 L-Cysteine capsules
 - iv. 1 Olive leaf extract
 - c. Evening meal time
 - i. Clove capsules, freshly ground (see chart)
 - ii. 2 L-Cysteine capsules
 - iii. 1 Olive leaf extract
 - d. Bedtime
 - i. 1 L-Ornithine capsule (if you are having trouble getting a full night’s sleep)⁵
2. After the 21-day program is over, do the “22...” daily program and also begin the Maintenance Program

Enter Date	Day of Cycle	Black Walnut (Morning)	Wormwood (Noon)	Cloves	Cysteine	Olive Leaf Extract	Aloe (Morning)	Colloidal Silver
	1	1	1	1,1,1	2,2,2	1,0,0	2	1,1,1
	2	2	1	2,2,2	2,2,2	1,1,0	2	1,1,1
	3	3	2	3,3,3	2,2,2	1,1,1	2	1,1,1
	4	4	2	3,3,3	2,2,2	1,1,1	2	1,1,1
	5	5	3	3,3,3	2,2,2	1,1,1	2	1,1,1
	6	6	3	3,3,3	2,2,2	1,1,1	2	1,1,1
	7		4	3,3,3	2,2,2	1,1,1	2	1,1,1
	8		4	3,3,3	2,2,2	1,1,1	2	1,1,1
	9		5	3,3,3	2,2,2	1,1,1	2	1,1,1
	10		5	3,3,3	2,2,2	1,1,1	2	1,1,1
	11	6	6	3,3,3	2,2,2	1,1,1	2	1,1,1
	12		6		2,2,2	1,1,1	2	1,1,1
	13		7		2,2,2	1,1,1	2	1,1,1
	14		7		2,2,2	1,1,1	2	1,1,1
	15		7		2,2,2	1,1,1	2	1,1,1
	16	6	7	3,3,3	2,2,2	1,1,1	2	1,1,1
	17				2,2,2	1,1,1	2	1,1,1
	18				2,2,2	1,1,1	2	1,1,1
	19				2,2,2	1,1,1	2	1,1,1
	20				2,2,2	1,1,1	2	1,1,1
	21	6	7	3,3,3	2,2,2	1,1,1	2	1,1,1
Totals		<u>39</u>	<u>77</u>	<u>108</u>	<u>126</u>	<u>60</u>	<u>42</u>	<u>63</u>
Cont...	22...				1 (Opt.)	1 (Opt.)	1 (Opt.)	1 (Opt.)

¹ Can be used to prepare for the liver cleanse. Use this program no more than once every six months and then only if the Daily Program needs supplementation.

² The two most prevalent sources of parasites are undercooked meat and undercooked dairy, so it only makes sense to leave them off, especially while cleansing. Yet, even when thoroughly cooked, do you still want to eat the dead carcasses of these things? At the same time, phosphates rob your body of calcium. Do we really need to add them from a non-food source such as carbonated beverages (“soda pop”)? While our bodies are working hard expelling dead carcasses of parasites, our bodies crave live food (fresh-with the enzymes still intact). Our bodies also crave water (2 quarts a day). Let’s choose our nutrition wisely. We encourage you to make these a continual habit. Your body will “thank” you for it.

³ Swish ½ ounce (small plastic spoon) under the tongue for 1 minute.

⁴ Take all these with water, preferably no less than about ½ hour before starting to eat. Best if done either at (just before) breakfast or at lunch time, but can be spread out. Cysteine is best spread out, but can be taken all at lunch time, if preferred.

⁵ Try going without at first, but only if you have not been having problems sleeping before starting this program. Increase dosage by 2 each night upon having a hard time sleeping the night before, but don’t exceed 6. Reduce by 1 if you had a good night the night before. If you take the ornithine, and you feel tired (“wiped out”) the next morning, take 1 arginine when arising, 1 before lunch, and 1 before supper, as often as needed, but no more than 3 capsules a day. (Former coffee drinkers are most likely to need the arginine.)